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HUMAN SELF ACTUALIZATION: HUMANISTIC PSYCHOLOGY AND RELIGIOUS PRACTICES.

A comparative analysis of the representative of humanistic psychology (A. Maslow), logotherapy (F. Frankl) and the content and purpose of religious practices was made. It is noted that feature spiritual processes of the XXI century is the pursuit of humanism in philosophy, psychology, religious studies, and in all areas of human activity. The humanity principle is considered as love not for the distant person, it considered to his neighbor, the motherland, the entire environment. In modern conditions leveled the basic principles of humanism – the attitude of one person to another and attitude to living and nonliving.

Emphasized on the exclusive role of self-actualization, which is regarded as life itself, and which also serves the communicative process. Herewith are fundamental starting points of renowned resonance in the culture of special channels – religion, certain religious practices and morality. But the soil of any choice is human existence which is based on humanistic communication, which is manifested in «trantsenzus» (transfer to other areas of life, beyond the everyday, ordinary experience). “Trantsenzus” is the key of prayers, sermons, parables. It prepared all construction content, supported by all its means of illumination, correlated with higher values. The author argues that “trantsenzus” is purely religious experience, it can be as spontaneous aspect of the disclosure of real marginal or extreme situations.

It is noted that the meaning of every human life associated with personal choice that makes a man. It involves the personal responsibility of each person. Thus, it is not only the responsibility of man to other people, but above all, to himself. This is the personal values every human life. They are mobile in nature and are different for human life and even different for different ages. Initial basis emergence, functioning

and interaction of these values is the activity. Thanks to transcendent values emotionally, clearly experienced religious values Generalized that religious experience is the treatment of the human soul to spiritual perfection, seeking such perfection, an attempt to realize his vocation. According to Christianity, man can realize itself in scientific research, in art, in any other activities, in love to the others, in compassion. When a person turns to spirituality, it is going through these higher senses, she belongs to the state of perfection.

Keywords: actualization, people, self-actualization, religious practice, prayer, psychology, humanism, faith.